

Art Rastinehad, D.O.

Ardeshir Rustom Rastinehad, D.O. · Interventional Urology · New York, NY

System Director of Prostate Cancer · Vice Chairman, Lenox Hill Urology · Northwell Health
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CURRENT APPOINTMENTS

- System Director of Prostate Cancer — Northwell Health
- Vice Chairman, Department of Urology, Lenox Hill Hospital — Northwell Health
- Associate Professor of Urology and Radiology — Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

EDUCATION & TRAINING

- Doctor of Osteopathic Medicine — New York College of Osteopathic Medicine
- Residency, Urology — North Shore–LIJ Health System
- Fellowship, Interventional Radiology — North Shore–LIJ Health System
- Fellowship, Urologic Oncology — National Cancer Institute, NIH
- Fellowship, Image-Guided Urology — National Cancer Institute, NIH

BOARD CERTIFICATION

- American Board of Urology — Board-certified

NOTABLE FIRSTS

- First U.S. urologist dual fellowship-trained in Urologic Oncology and Interventional Radiology
- First MR/US fusion-guided, electromagnetically tracked transperineal prostate biopsy
- First-in-human gold-nanoshell directed photothermal ablation of prostate cancer
- Senior editor — Interventional Urology (Springer, 2016), the first textbook of the subspecialty

SELECTED AWARDS & HONORS

- AUA Young Urologist of the Year — American Urological Association, 2019
- NIH Urologic Oncology Fellowship — National Cancer Institute, 2011
- NIH Interventional Radiology / Image-Guided Urology Fellowship — National Cancer Institute, 2012

SELECTED GRANTS & INVESTIGATOR-INITIATED TRIALS

- First-in-Human Gold Nanoshell Ablation of Prostate Cancer — Investigator-initiated, 2017
- Multi-institutional MRI/Ultrasound Fusion Prostate Biopsy Outcomes Study

BOOKS & TEXTBOOK CONTRIBUTIONS

- Interventional Urology — Senior Editor, Springer, 2016

- Campbell-Walsh-Wein Urology, 11th & 12th editions — Contributing Author, Elsevier

SELECTED PEER-REVIEWED PUBLICATIONS

- MRI/Ultrasound Fusion-Guided Prostate Biopsy: A Multi-Institutional Outcome Study — Journal of Urology, 2014
- Gold Nanoshell-Localized Photothermal Ablation of Prostate Tumors in a Clinical Pilot Device Study — PNAS, 2019
- Improving Detection of Clinically Significant Prostate Cancer: MRI/US Fusion-Guided Prostate Biopsy — Reviews in Urology, 2015
- Interventional Urology Curriculum: Imaging-Guided Approaches — Urologic Clinics of North America, 2017
- 75+ additional peer-reviewed publications — full list on PubMed (search: Rastinehad AR)

CLINICAL & RESEARCH FOCUS

- Focal therapy for prostate cancer (cryotherapy, HIFU, laser, nanoshell)
- MRI/ultrasound fusion-guided prostate biopsy
- Prostate artery embolization (PAE) for BPH
- Renal embolization for angiomyolipoma and select renal masses
- Varicocele embolization
- Clinical trials of next-generation diagnostic and therapeutic techniques

PROFESSIONAL SOCIETIES

- American Urological Association (AUA)
- Society of Interventional Radiology (SIR)
- Society of Urologic Oncology (SUO)

Curriculum vitae summary prepared for media and conference use. For a full publication list, see PubMed (Rastinehad AR).